

September 2018

Dear NHW Area / Street Co-ordinator

My name is Nicky Fuller and as well as being the 'Minutes Secretary' for NHW Horsham District, I also have a new role with Age UK Horsham District, as 'Rural Outreach Development Worker'.

One of my responsibilities is to spread the word about the support and services that the team at Age UK Horsham District can offer to local older people. We are here to support older people who live in the Horsham District.

Both of the roles I have are about supporting people and making sure that they feel safe and secure. Age UK Horsham District's vision is that Horsham District is a place where everyone has an opportunity for a good quality of later life, with the following ambitions:

- We want to be the first port of call for local older people
- We tackle loneliness
- We deliver person-centred services

There are a lot of older people in the Horsham District who are not receiving all the help and support that they are entitled to. As you are aware the district is very rural and one of the resulting consequences is isolation. As a small, independent charity Age UK Horsham District is aware that sometimes it is difficult to identify where there may be a specific need, and therefore are always looking for opportunities to work alongside others who have a greater awareness of their communities.

With this in mind, please could I ask that NHW and the team at Age UK Horsham District work together to support some of our most vulnerable and isolated community members.

Please look out for some of our most vulnerable people and be aware that many will not speak to anyone from one day to the next. If you are able to, a simple conversation with an older person might make a significant impact on their life and make them feel safer in their community.

In addition, I have attached a leaflet which gives you a little more information about Age UK Horsham District. If you are worried about a friend or neighbour please encourage them to get in touch, the number is 01403 260560. We are here to help and will do everything we can to support them.

Thank you in advance for making a difference and for your support with this.

Nicky Fuller

Rural Outreach Development Worker

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